OBSERVER LOG

NAME OF SWIM: Lake Malawi Marathon Swim

LOCATION: Lake Malawi

Open Water Africa

START POINT:

START DATE: 13th October 2021

START TIME:

FINISH POINT:

FINISH DATE:

FINISH TIME:

SWIMMERS NAME Martyn Webster

SWIIMERS DOB

RULES FOLLOWED: Unassisted Traditional Rules & Regulations of Marathon Swimming

TIME	STROKE RATE per minute	WATER TEMP	AIR TEMP °F or °C	WIND SPEED kts mph kph BF	WIND DIRECTION cardinal or (°)	FEEDING duration in min	NOTES physical & mental state, nutrition or feeding
0526							Swim start.
0537	50	24	26	0	0		
0606	54	25	28	0	0		Swim Head Signal.
0619	50						22km out from finish – Starboard. Both Swimmers/Same side = Relax
0636	50						Gentle Swell South-North
0700	50	25	29	3kn	E		Feed 1.55 min Martyn goes back to Port Side –
0725	50	25	30	0	0		
0743			WEE	+2		13.2 Knots	250ml Half Banana/Milks Mark in Harry Both agree
0750	50	25	30	20	E		Empty lake Afloat from us.
0809	50	29.4	31				
0826		25.1	31	6	E/SE		1.27 Feed time Milk Hershels – OK No Banana next time
0838	52		30	8	E/SE		Slight swell

OBSERVER NAME	OBSERVER SIGNATURE

PAGE:

OBSERVER LOG

Open Water Africa

NAME OF SWIM: Lake Malawi Marathon Swim

LOCATION: Lake Malawi

START POINT:

START DATE: 15th Oct 2026

START TIME: ~~06~~ 0526

FINISH POINT:

FINISH DATE:

FINISH TIME:

SWIMMERS NAME Martyn Webster

SWIIMERS DOB

RULES FOLLOWED: Unassisted Traditional Rules & Regulations of Marathon Swimming

TIME	STROKE RATE per minute	WATER TEMP	AIR TEMP °F or °C	WIND SPEED kts mph kph BF	WIND DIRECTION cardinal or (°)	FEEDING duration in min	NOTES physical & mental state, nutrition or feeding
0900	50	24.9	28	10	SW		
0911							1-34 feed Ask how he is = fine Banana/Drink 250ml.
0919	50	24.8	27	10	SW		
0940	50	24.9	28	8	WSW		
0956		25	28	12	SW		250ml Ask for nurofen next feed. martyn has lots of weeds -
10.14	50	25.1	28	12	SW		Light swell/light chop - white cap
10.30	50	25.2	30	12	SW		Empty lake - nothing going on -
10.42		25.3	29	9	SW		1.53 feed Lots of weeds every 30 - nurofen x2 - 250ml - Banana.
11.00	50	25.4	29	10	SW		
11.15	50	25.4	29	7	SW		flatting out
11.26							Had wee Sure last feed. 250ml
1135		25.5	31	7	W		Martyn waves At camera.
12.11		26	32	0		2m20	250mg - Ask where we heading - water uturns to the island for now -

OBSERVER NAME

OBSERVER SIGNATURE

MARTIN

Time	SR	WT	AT	WS	FT
12.25	50	26		0	
12.47	52	27	34	0	
12.56		26.5	36	0	
13.20	50	28	32	0	
13.30		28	41	1N	
13.40	50	28	38	1N	2.30 250ml
1460	50	28	38	0	
1420	50	28	36	0	

Open Water Africa

OBSERVER STATEMENT

As an official independent observer, I hereby confirm that I witnessed the entirety of the marathon swim undertaken by Martyn Webster from **Makanjila (Liwewe BVC)** to **Senga Bay** on 13th October 2026

I certify that the swim was conducted in strict compliance with the established rules and regulations of unassisted marathon swimming.

Furthermore, I vouch that all timing logs, structural navigation data, and satellite tracker positions were accurately recorded in real-time throughout the duration of the attempt. The documentation attached reflects an honest and uninterrupted account of the swim.

Observers Signature: Howard Jones

Full Name: Howard Jones
Open Water Africa
Date: 13th October 2026